



Support with Private Insurance (Disability, Life, Health)

If you have extended health benefits through your employer, questions and concerns about your specific situation will need to be directed to your employer's HR department or your benefits provider.

OmbudService for Life & Health Insurance

Canada's independent, free-to-use complaint resolution and information service that covers the private life and health insurance industry.

- Phone: 1-888-295-8112 (Toll-free) OR 1-800-855-0511 (hearing impaired)
- <http://olhi.ca/>

Canadian Life and Health Insurance Association Free Consumer Guides

If you are considering purchasing a private extended health plan and have questions, you can find excellent information for consumers here:

- https://www.clhia.ca/web/CLHIA_LP4W_LND_Webstation.nsf/page/BBF018514513EF2E85258213005A9274!OpenDocument

The contents above are directly from the [Community and Financial Aid Resources in BC](#) guide page 15.

A full copy of this resource guide is available at <https://www.mefm.bc.ca/additional-resources>.



Complex Chronic Diseases Program