

## Appendix b: Care Team Role Worksheet

Customize the assignment of tasks to your Care Team.

Role	Key Skills	Name	Responsibilities
<b>Primary Caregiver</b>	<ul style="list-style-type: none"> <li>• Organization</li> <li>• Crisis Management</li> <li>•</li> </ul>	•	•
<b>Backup Caregiver</b>	<ul style="list-style-type: none"> <li>• Flexibility</li> <li>• Familiarity with Routines</li> <li>•</li> </ul>	•	•
<b>Medical Liaison</b>	<ul style="list-style-type: none"> <li>• Advocacy</li> <li>• Attention to Detail</li> <li>•</li> </ul>	•	•
<b>Emotional Support</b>	<ul style="list-style-type: none"> <li>• Active Listening</li> <li>• Empathy</li> <li>•</li> </ul>	•	•
<b>Household Manager</b>	<ul style="list-style-type: none"> <li>• Time management</li> <li>• Resourcefulness</li> <li>•</li> </ul>	•	•

### Responsibility suggestions:

Meal prep	Pick up prescriptions	Housework	Play music for me	Let me vent
Do laundry	Drive to appointment	Care for pet	Watch a movie w/me	Yard work
Pay bills	Help with bathing	Read to me	Keep me company	Grocery shop