



Home and Personal Care Services

Most home and personal care services are provided by private companies. You can google private home support for more information about what is available in your community. Community classifieds or bulletin boards can be another source of information.

Home Supports Services (medical)

If you require help with essential personal care (toileting, dressing, bathing) you may be eligible for home support services to help you to remain independent and to live in your own home as long as possible with direct care services.

- <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/health-care-programs-and-services/home-care>

Task Rabbit

Same Day Handyperson, Moving & Delivery Services. This private, for-profit service platform connects you with skilled “Taskers” to help with cleaning, furniture assembly, home repairs, running errands and more.

- <https://www.taskrabbit.com>

The contents above are directly from the [Community and Financial Aid Resources in BC](#) guide page 30.

A full copy of this resource guide is available at <https://www.mefm.bc.ca/additional-resources>.



Complex Chronic Diseases Program