

Sabrina Poirier, Patient Advocate

Sabrina has worked within the private, public and not-for-profit sectors for over 20 years. Her work in politics, education and community development helped shape her perspective and fine tune her approach to meaningful engagement and positive systems change.

From 2018-2021, she served as a Research Ambassador for the Institute of Musculoskeletal Health and Arthritis (IMHA) at the Canadian Institutes of Health Research (CIHR). She currently serves as a member of the [ICanCME](#) Steering Committee, as the Chair of the ICanCME Trainee Development and Medical Education Working Group, as a [Community Advisory Committee](#) member for the NIH funded Collaborative Research Centers Network in the US, as an active partner in research, and as a passionate patient advocate for ALL post infectious illnesses, especially Long COVID and Myalgic Encephalomyelitis (ME).

Sabrina uses her knowledge, skills, expertise and personal experience as an individual living with myalgic encephalomyelitis and several common comorbidities, in the fight to have ALL post infectious illnesses understood, cared for, researched and removed from the shadows once and for all.